

A 300 Mbps, 37 pJ/bit pulsed optical biotelemetry

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Abstract—This paper reports an implantable transcutaneous telemetry for a brain machine interface that uses a novel optical communication system to achieve a highly energy-efficient link. Based on a pulse-based coding scheme, the system uses sub-nanosecond laser pulses to achieve data rates up to 300 Mbps with relatively low power levels when compared to other methods of wireless communication. This has been implemented using a combination of discrete components (semiconductor laser and driver, fast-response Si photodiode and interface) integrated at board level together with reconfigurable logic (encoder, decoder and processing circuits implemented using Xilinx KCU105 board with Kintex UltraScale FPGA). Experimental validation has been performed using a tissue sample that achieves representative level of attenuation/scattering (porcine skin) in the optical path. Results reveal that the system can operate at data rates up to 300 Mbps with a bit error rate (BER) of less than 10^{-10} , and an energy efficiency of 37 pJ/bit. This can communicate, for example, 1,024 channels of broadband neural data sampled at 18 kHz, 16-bit with only 11 mW power consumption.

Index Terms—Data telemetry, optical communication, transcutaneous telemetry, wireless link.

I. INTRODUCTION

THIS past decade has seen significant new interest in developing innovative neurotechnologies for observing large scale activity from the brain and nervous system. This has been in part due to global initiatives (e.g. US BRAIN Initiative, EU Human Brain Project, etc) but also thanks to modern capability of microtechnology, and opportunities this brings. Key recent applications have included research tools for studying the brain (e.g. electrophysiology) [1]–[5], brain machine interfaces (BMIs) [6]–[8] and closed-loop neuromodulation [9]–[11]. The new feature in such devices is the ability to record, and subsequently detect and decode neural activity. This can be used directly to communicate, or control an external device (e.g. prosthetic) [12], [13] or to modulate (or ‘titrate’) stimulation (e.g. in deep brain stimulation) [10]. Particularly in BMI applications, there has been a strong desire to scale (i.e. extend) the number of concurrent recording channels [14] towards improving the underlying information transfer rate. For implanted systems, this poses a significant challenge in power consumption, to ensure any thermal dissipation does not cause damage to

tissue. This places extremely tight constraints on the overall power budget of any instrumentation electronics, processing and subsequent wireless communication that is essential for implantable applications. For the wireless communication additionally, several other key factors such as noise requirements and signal integrity, biocompatibility, system volume, transmission error, electromagnetic interference (EMI) need to be taken into account [15]–[24].

A common approach used a number of conventional implantable medical devices such as cochlear implants for example, combines the power and data telemetries using inductive (near field) coupling [25], [26]. The downlink (external to implant) communication uses encoding schemes such as frequency or phase shift keying (FSK or PSK) to embed the downlink data within the power carrier. The uplink (implant to external) on the other hand typically use amplitude shift keying (ASK). An inductive biotelemetry however has two fundamental limitations: (1) the downlink data rate is tied to the carrier frequency that is limited (<10 MHz) to minimise absorption of electromagnetic (EM) energy; and (2) the uplink achieves a lower data rate to the downlink. There have been significant efforts reported in the literature towards addressing these limitations. These include using multiple carriers (i.e. separating the power and data links) [27] or advanced encoding schemes, for example, pulse harmonic modulation [28]. Although such methods have achieved uplink data rates of the order of 10 Mbps, this does not meet the demands of modern high bandwidth brain machine interfaces [7], [8].

Conventional (far field) radio that uses narrowband (carrier-based) electromagnetic radiation is also used for wireless communication within active implantable medical devices. This typically uses the MICS (Medical Implant Communication System) or ISM (Industrial, Scientific and Medical) bands that utilise carriers spanning from ≈ 400 MHz to ≈ 5 GHz, with lower frequencies being desirable to limit absorption losses. The maximum achievable data rate of different relevant wireless RF protocols (e.g. bluetooth, WBAN, proprietary [29]–[32]) are however limited to a few Mbps at best. Ultrawideband (UWB) radio on the other hand uses pulse-based encoding to transmit data without needing a carrier. By utilising pulses with steep transitions (e.g. a short rise time), the EM energy is spread across an ultrawide spectrum allowing for high bandwidth data transmission with good energy efficiency [17], [33]–[36]. There exist challenges however also with UWB-based wireless including the antenna size and efficiency [37]–[39], losses through tissue and receiver complexity/power requirements.

Although there has been significant effort in the research community, it remains a major challenge to achieve a high

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bandwidth and energy-efficiency transcutaneous telemetry for BMI applications. Existing neural recording systems with high channel counts (i.e. 100s to 1000s) thus generally employ one of two strategies: (1) using a wireline interface for data communication (e.g. SPI) [3], [5]; or (2) implement local processing to facilitate data reduction (e.g. spike detection, spike sorting, etc) [2], [33], [40] for subsequent low bandwidth wireless transmission.

An alternative, relatively recent approach towards realising a high bandwidth wireless telemetry has been to apply optical methods [41], [42]. An optical link potentially provides several desirable features, including: reduced size (i.e. compared to an antenna or coil), high transmission bandwidth (i.e. bitrate), low bit error rate, low power consumption (i.e. energy per bit) and good electromagnetic compatibility.

Previous work has seen optical telemetries developed for retinal prostheses, exploiting the fact that the eye provides a transparent optical window [43]. The challenge when applying this to other implantable applications (e.g. those requiring a transcutaneous link) is the relatively high attenuation (and scattering) of light when propagating through tissue. This attenuation however decreases with increasing wavelength [42]. Optical telemetries have thus been developed that utilise near infra-red (NIR) wavelengths (i.e. >800 nm) [16], [44]–[49]. These systems typically employ a semiconductor laser for transmission, and a photodiode (PD) for receiving the data. In the literature, performance has been improved by optimising optical wavelength (to reduce losses), increasing laser power (to improve the signal-to-noise ratio, SNR), applying modulation/encoding schemes (to maximise robustness) and increasing the photodiode active area (to improve link efficiency and also allow some tolerance to misalignment). Previous work has reported data rates up to 100 Mbps with an energy requirement of 21 pJ/bit [16], [41], [50], [51].

The work presented herein describes a high bandwidth optical telemetry that employs a specific pulsed data coding technique using sub-nanosecond laser pulses. This builds on our previous work [48], [49], by improving: (i) the front-end analog (laser drive and photodiode interface) circuit performance (bandwidth, power consumption); and (ii) the digital circuits (encoding, decoding, processing) capability using high performance reconfigurable logic (FPGA). These innovations increase the achievable data rate compared to the state-of-the-art whilst minimising BER and power consumption. This paper extends the preliminary work reported in [49] providing additional technical detail (design implementation, results, analysis) and experimental data using biological tissue.

The remainder of this paper is organised as follows: Section II provides the system overview and describes the data coding concept; Section III details the circuit implementation; Section IV presents the experimental results; and Section V concludes this work.

II. SYSTEM OVERVIEW

The overall system architecture of the transcutaneous optical biotelemetry link is shown in Fig. 1. The system is composed of two sub-systems separated by the tissue/skin

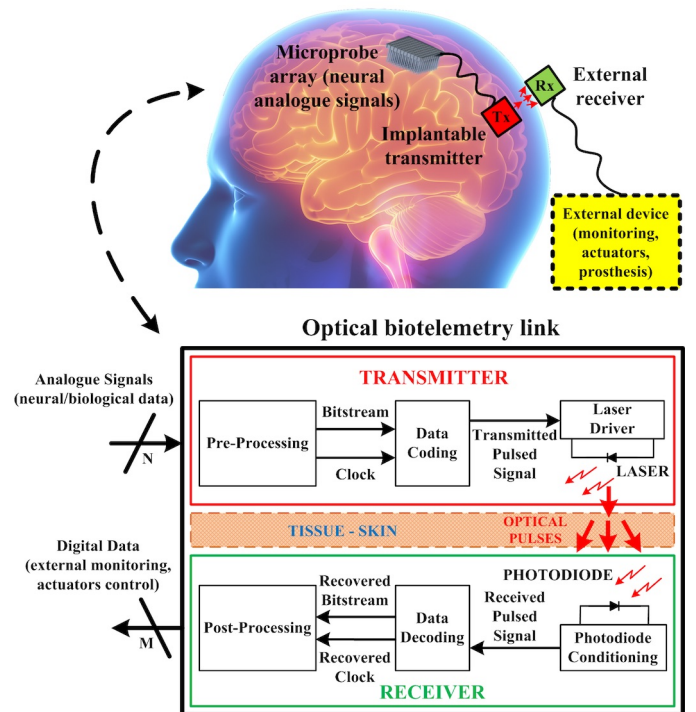


Fig. 1. Proposed transcutaneous optical telemetry system concept.

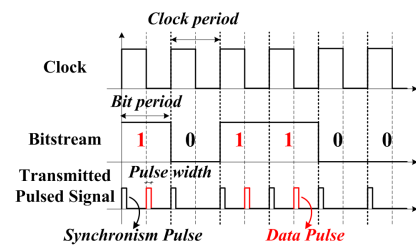


Fig. 2. Timing diagram showing data coding process using OOK modulation.

layer: an implantable platform including the transmitter and an external unit containing the receiver. The two units function to communicate the high bandwidth bitstream across the tissue layers, whilst also handling the clock signal. More specifically, the transmitter takes the conditioned (analog) neural recording, digitizes, serializes and encodes this and emits optical pulses via the semiconductor laser. The receiver then detects these optical pulses using the PD, recovers the clock and decodes the bitstream by de-serializing the data. Referring to Fig. 1, the transmitter unit is composed of: (i) digital circuits to pre-process and encode the data; (ii) analog circuits for driving the laser; and (iii) a high bandwidth Vertical Cavity Surface Emitting Laser (VCSEL) that generates sub-nanosecond light pulses in the near infrared region of the EM spectrum. The receiver unit on the other hand includes: (i) a fast silicon PD used to detect the received optical pulses; (ii) analog circuits for biasing/conditioning the PD (converting the photocurrent to voltage pulses); (iii) digital circuits to decode and post-process the received pulses to recovered clock and data.

A timing diagram is shown in Fig. 2 illustrating the data coding process that uses synchronous On-Off Key (OOK) modulation to combine the input bitstream and clock signals. For each bit that is transmitted there are two phases: (i) the synchronization phase that always inserts a pulse on the rising

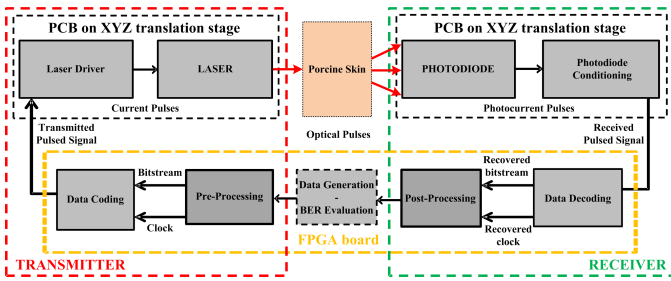


Fig. 3. Top-level system architecture of the implemented optical biotelemetry highlighting the transmitter and receiver sub-systems.

edge of the clock; and (ii) the data transmission phase that inserts the data pulse (i.e. symbol $\{0\}$ or $\{1\}$) on the falling edge of the clock. It should however be noted that even with no pulse (i.e. a $\{0\}$ signal) being transmitted, a subthreshold bias is maintained to the VCSEL to ensure a fast transition is then possible when transmitting a pulse.

III. CIRCUIT IMPLEMENTATION

The top-level system architecture is shown in Fig. 3. This illustrates the specific circuit blocks implemented for the test platform described herein.

A. Analog circuits for optoelectronic interfacing

These circuits are to interface with the optoelectronic components (i.e. emitter and detector). The emitter uses a VCSEL device (VCSEL-850 by Thorlabs) with emission wavelength $\lambda=850$ nm and 2.2 mA threshold current. The detector uses a fast silicon PD (FDS-025 by Thorlabs) with 47 ps response time and $250 \mu\text{m}$ active area diameter including a coupling ball lens having a diameter of 1.5 mm.

Both the laser driver and photodiode conditioning circuits operate from a single $V_{CC}=5$ V supply voltage. The design, optimization and simulation of both circuits have been performed through AWR Microwave Office tools. The circuits have been implemented using a printed circuit board (PCB) prototype. The PCB uses a TLX8 (high volume fiberglass reinforced microwave) substrate to minimise parasitics and discrete commercial off-the-shelf (COTS) components (i.e., transistors for high-frequency/RF applications).

1) *Laser driver circuit:* The laser driver circuit (within the transmitter sub-system) is based on a single transistor stage, shown in Fig. 4. This uses a BFG520 NPN 9 GHz wide-band bipolar RF transistor ($C1=100$ nF, $C2=1.8$ pF, $R1=82 \Omega$, $R2=50 \Omega$, $R_{TRIM1}=5$ k Ω). This operates to convert the input voltage pulses (i.e. the encoded signal to be transmitted) into current pulses for driving the VCSEL. This regulates the amplitude of the pulsed current (i.e., the resulting laser pulse peak value) through the resistive trimmer R_{TRIM1} .

2) *Photodiode conditioning circuit:* The photodiode conditioning circuit (within the receiver sub-system) is based on a multi-stage transimpedance amplifier, shown in Fig. 5. This uses a cascade of four (wideband ERA-ISM+InGaP HBT monolithic) Darlington pair stages to convert the received photocurrent pulses into voltage pulses. A very high gain is essential here to ensure that the voltage pulses generated have an amplitude higher than the digital logic threshold needed for

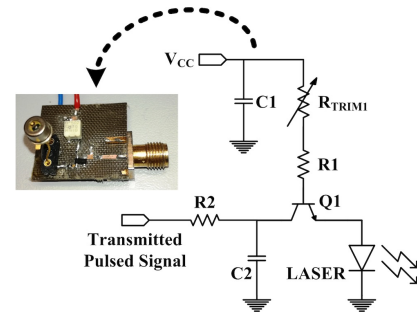


Fig. 4. Laser driver circuit schematic and PCB implementation.

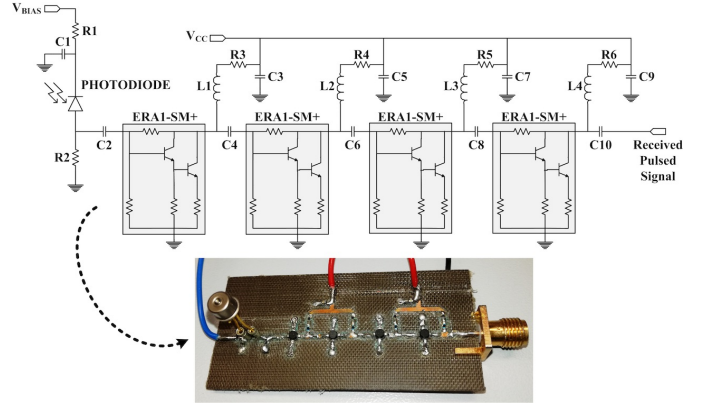


Fig. 5. Photodiode conditioning circuit schematic and PCB implementation.

a correct detection of a “high” logic level by the subsequent Data Decoding block. The circuit configuration is as follows: $V_{BIAS} = V_{CC} = 5$ V, $L1 = L2 = L3 = L4 = 33$ nH, $C1 = C3 = C5 = C7 = C9 = 100$ nF + 100 pF, $C2 = C4 = C6 = C8 = C10 = 470$ pF, $R1 = 1$ k Ω , $R2 = 50 \Omega$, $R3 = R4 = R5 = R6 = 180 \Omega$.

Simulation results for the laser driver and photodiode conditioning circuits are shown in Fig. 6. First, a transient response of the laser driver circuit shows the generated current pulses for the circuit operating at 300 Mbps (i.e., a transmission of a repeated sequence of bits $\{0\}$ corresponding to the generation of only the synchronization pulses). Secondly, a frequency response (i.e., the S21 parameter corresponding to the total gain of the amplifier) of the photodiode conditioning circuit shows a high gain across a wide frequency bandwidth with a maximum value of about 44 dB. Thirdly, the stability factor K of the photodiode conditioning circuit shows a value that is always higher than 1, demonstrating the stability condition of this amplification stage.

B. Digital circuits for signal processing

In addition to the analog circuits described in the previous section that are used for optoelectronic interfacing, the system requires high speed digital logic for data management and to ensure robust communication. This has been divided into 4 functional blocks (2 in transmitter and 2 in receiver), in addition to an ad-hoc test circuit that is used to evaluate performance. This is shown in the lower portion of Fig. 3. Within the transmitter, the data acquisition circuit (i.e. front end neural recording system) feeds the digital samples into the pre-processing block that serializes the stream. This is then passed to the data coding block that combines the data

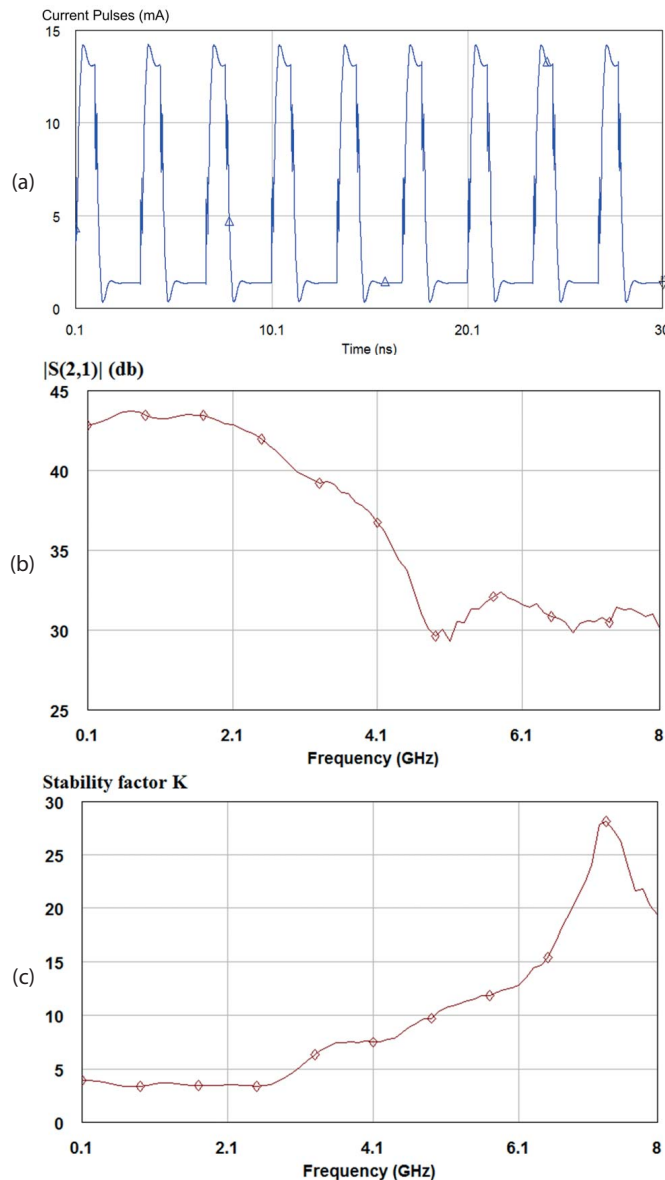


Fig. 6. Simulation results of the analog circuits: (a) time response of the laser driver circuit; (b) frequency response (i.e., the S21 parameter); and (c) stability factor K of the photodiode conditioning circuit.

stream with clock signal using a pulse-based encoding scheme. This directly feeds the laser driver circuit described previously to emit the optical pulses. On the side of the receiver, the photodiode conditioning circuit provides a recovered voltage-mode stream of pulses. This feeds the data decoding and clock recovery circuits that recover a clock signal and synchronized datastream. Finally, this is fed to the post-processing circuit that converts the bitstream into valid data packets.

All the digital circuits have been implemented using a commercially-available FPGA development board (Xilinx KCU105 with Kintex UltraScale XCKU040-2FFVA1156E FPGA). The I/O general-ports are configured to LVCMOS18 compatibility (1 V digital logic threshold) with 16 mA maximum output current.

1) *Pre-processing circuit*: The pre-processing circuit is shown in Fig. 7. This also illustrates a typical neural data acquisition system (DAS, top right) which consists of low

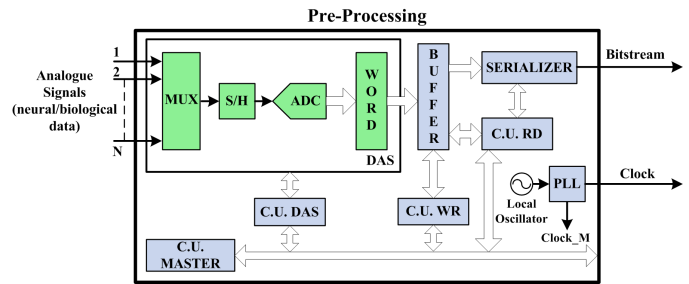


Fig. 7. Pre-processing circuit showing the organisation of the different control units (CUs) for the data acquisition system (DAS), parallel word register (WR), and read data (RD) serializer. Implemented on FPGA.

noise biopotential amplifier, filters, and data converter, e.g. [4], [40], [52]. The function of the pre-processing circuit is to generate a single bitstream from multichannel sampled data by interleaving the different channels/samples using time-division multiplexing (TDM). This has been designed to take in up to 1,024 channels of data sampled at 18 kHz with 16-bit resolution. The pre-processing circuit operates as follows: for each sample, the DAS control unit (C.U. DAS) sequences through all the data channels storing each 16-bit sample in the word register (FIFO-type PIPO buffer). The word length is thus 2×8 -bit bytes. The initial portion of this register is pre-loaded with a preset start sequence that forms the *Header* of the data packet. Each packet contains a single sample across all 1,024 channels (i.e. 2,048 bytes) in addition to the start sequence. In order to ensure the output is a continuous bitstream (i.e. a continuous serialization of the composed data packages), the master control unit (C.U. master) coordinates the timing of all the operations/functions (i.e. data acquisition, data read and data write) of the overall pre-processing block. Additionally, a local oscillator provided on the FPGA board allows implementation of a phase-locked loop (PLL) block, to provide an internal reference clock (i.e. $\text{Clock}_M @ 300 \text{ MHz}$) for system synchronization.

2) *Data encoding circuit*: The data encoding circuit is shown in Fig. 8. This takes in the clock and serial data bitstream (from pre-processing circuit) and combines these to generate the pulsed output signal for modulating the transmission. The output encodes the clock as a synchronisation pulse on the rising edge of the clock, whereas the data (i.e. $\{0\}$ or $\{1\}$ bit symbol) is pulsed on the falling edge of the clock. This circuit operates as follows: firstly, the clock input signal drives the PLL that generates two signals (A and B) with pulses on the rising and falling clock edges respectively. These signals (A and B) have a pulse repetition frequency of 300 MHz (3.33 ns pulse interval), with a phase difference of 180deg (i.e. half clock period, $\approx 1.67 \text{ ns}$) and a duty cycle of 25% the clock period (i.e. 0.83 ns pulse width). Signal A (the synchronisation pulse) is then combined (using an OR logic gate) with the data pulse (obtained by gating the serial data bit with signal B) to generate the output signal that modulates the laser driver.

3) *Data decoding circuit*: The data decoding circuit is shown in Fig. 9. This takes in the received signal that is generated by the photodiode conditioning circuit and recovers the clock and serial data stream. This operates as follows:

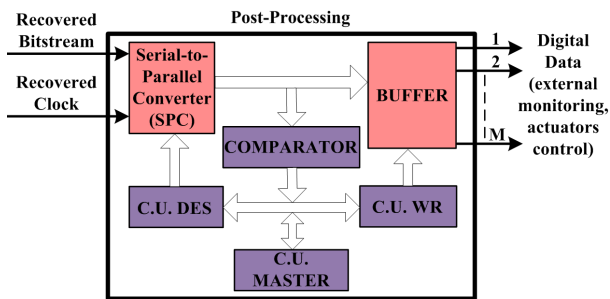


Fig. 12. Post-processing circuit that recovers the individual channel data. Implemented on FPGA.

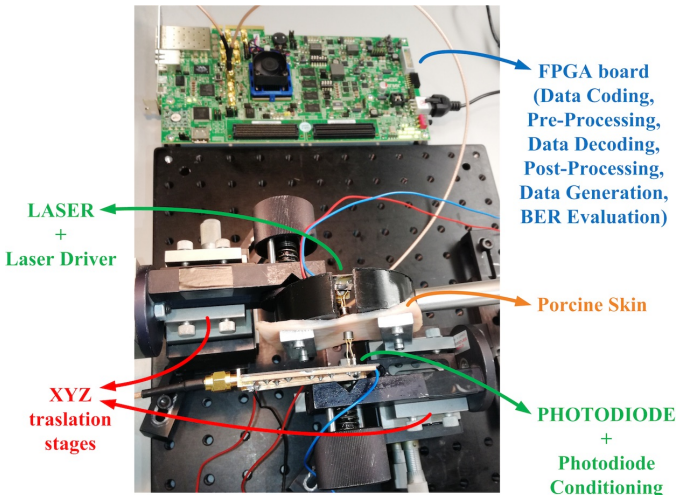


Fig. 13. Photograph showing the experimental setup for characterizing the optical biotelemetry.

continuously verifies and checks the received data packets using the comparator block. When the *Header* that defines the beginning of the transmitted data packet is correctly identified, the C.U. MASTER activates the control units (C.U. WR and C.U. DES). These then allow the serial data packets to be split into individual channel data and saved in the register *buffer* that provides the output. This operation is continuously performed and repeated for each data packet that is received and identified by the *Header*.

IV. EXPERIMENTAL RESULTS

The experimental setup for overall system characterization is shown in Fig. 13. This is used for both individual block level test and also system evaluation using a tissue sample (porcine skin). The optoelectronic components (i.e. emitter and detector) are each mounted on their respective PCBs on either side of the tissue samples. These are initially positioned to be perfectly aligned and in close contact with the tissue (without pressing onto). The relative positions are then adjusted accordingly to characterize the optical link.

A. Optical characterization

A simplified schematic describing the optical characterization setup is in Fig. 14. The tissue sample used here was a section of cleaned porcine skin that was gently tensioned using a custom made holder so as to mimic the human skin layers [16], [41]. This consisted of the epidermal, dermal and adipose

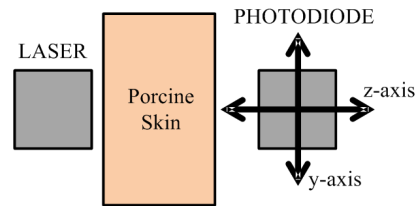


Fig. 14. Schematic showing the experimental setup for characterizing the optical biotelemetry. The emitter (laser) and tissue sample (porcine skin) are both fixed whereas the detector (photodiode) is mounted on an XYZ-translation stage for precise adjustment.

layers with an average thickness of approximately 3.5 mm. The emitter (VCSEL), i.e. laser driver PCB was mounted at a fixed position whereas the detector (PD), i.e. photodiode conditioning PCB was attached to a XYZ-translation stage with micropositioners allowing for precise adjustment (20 μm resolution, approximately 1/10th the active area of the PD).

The setup is first calibrated by first ensuring the porcine tissue sample is in close contact with the emitter. The emitter is then driven with pulses whilst the detector is adjusted in the XY-plane such as to maximize the received optical signal (i.e. thus perfectly align the two). The Z-axis of the detector is then adjusted to also bring the detector in contact with the porcine skin sample. The overall link performance is then assessed by its ability to correctly detect emitted pulses. Specifically, any pulse that is detected (at the output of the PD conditioning circuit) to be above 1 V can be robustly sampled by the FPGA. Pulses received to be below 1 V on the other hand are not always detected and thus result in the generation of errors.

The first set of tests were performed to assess the sensitivity to lateral misalignment and proximity between emitter and detector. Lateral misalignment was characterised by adjusting the detector in the Y-axis at different proximities between emitter and detector (i.e. Z-axis displacements). The results are given in Fig. 15. The tests were repeated for misalignment in the X-axis that gave identical results to the Y-axis misalignment tests. During all measurements the VCSEL position remained fixed and the maximum instantaneous pulsed optical power was maintained at below 2 mW, with a pulse width of about 900 ps and at a pulse repetition rate of 300 MHz. For the measurements taken for Z=0, the receiver is adjusted to be in contact with the dermal sample without pressing it. In this position, the minimum distance between the VCSEL and the Si photodiode is approximately 3.5 mm, corresponding to the approximate thickness of the porcine skin sample.

The results show (as expected) that as the lateral misalignment (or proximity between emitter and detector) increases, the recovered voltage pulse amplitude decreases. The range of operability (reliable detection of voltage pulses) thus depends on both lateral misalignment but also the proximity between optoelectronic components and skin surface. The trade-off in the range of operability (i.e. when the received pulses are exactly 1 V) between lateral misalignment and proximity to the tissue sample is shown in Fig. 16. It is observed that this trade-off ranges between a lateral misalignment of 0.65 mm and vertical misalignment (i.e. proximity between detector and sample) of 0.75 mm.

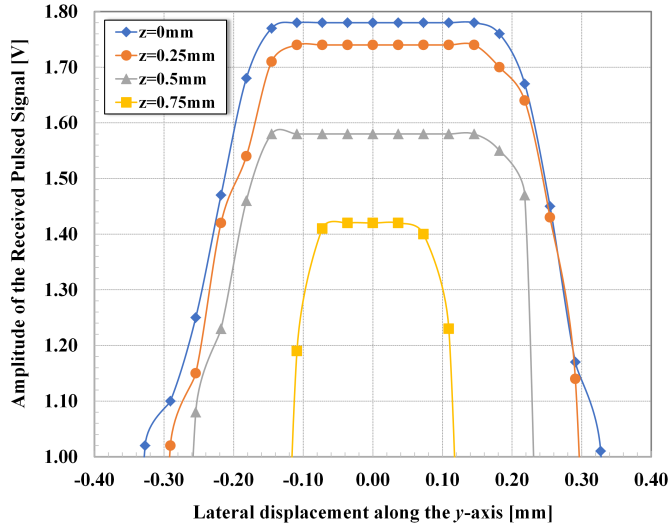


Fig. 15. Sensitivity of lateral misalignment showing the amplitude of the received pulses as a function of the lateral displacement along the Y-axis for different Z-axis proximities (distance between detector and tissue sample).

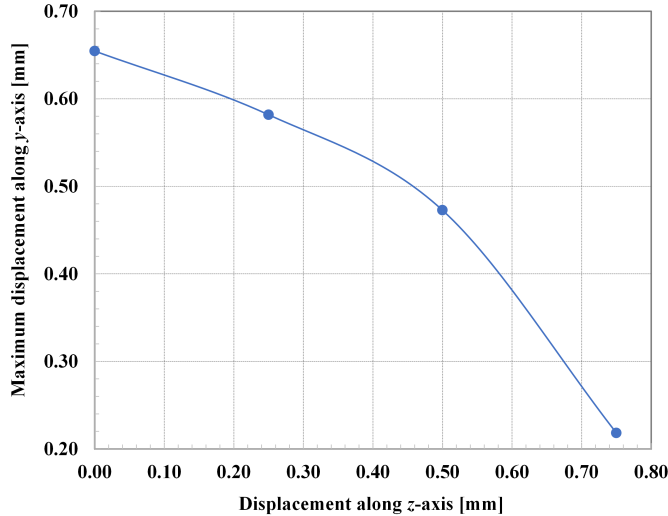


Fig. 16. Receiver operability range (i.e. maximum displacement along Y-axis) as a function of its proximity from the tissue sample. Based on data measured in Fig. 15.

B. End-to-end communication

In order to completely characterize the overall system operating at 300 Mbps (i.e., a 3.33 ns bit period) the experimental setup the same experimental setup described previously was used. All measurements have been taken using a digital storage oscilloscope (LeCroy Wavemaster 8600A). In order to emulate the digitization of the DAS within the pre-processing circuit and quantify performance (i.e. BER, power consumption, etc), a $2^{31}-1$ bit pseudo-random bit sequence (PRBS) has been generated using the FPGA providing the test signal. This was included during the system implementation (see Fig. 3).

More specifically (referring to Figs. 3 and Fig. 7), in order to emulate the DAS operation, a sequence of random 16-bit words, composed using the $2^{31}-1$ bit PRBS, are generated and inserted in the PIPO register (WORD) thus bypassing the DAS. The BER can then be evaluated by comparing the transmitted and received data streams. A captured waveform (using oscilloscope) of the system operating at 300 Mbps is

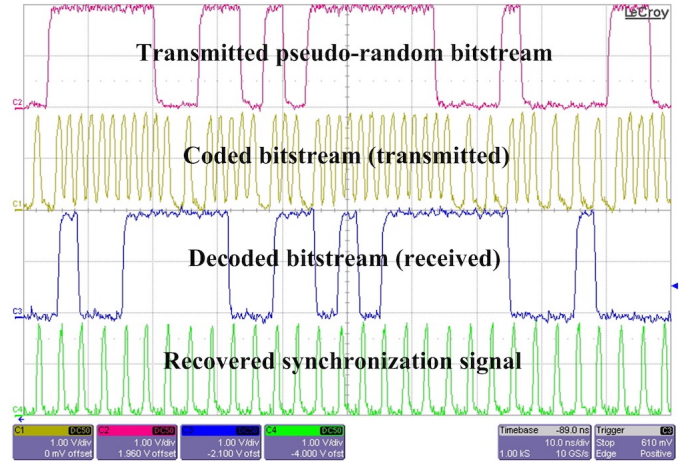


Fig. 17. Captured waveform showing the main signals during transmission of the pseudo-random bitstream at 300Mbps. Signals shown (from top to bottom) are: (in purple) the input bitstream of pseudo-random data; (in yellow) the transmitted coded pulses; (in blue) decoded data; and (in green) recovered clock signal.

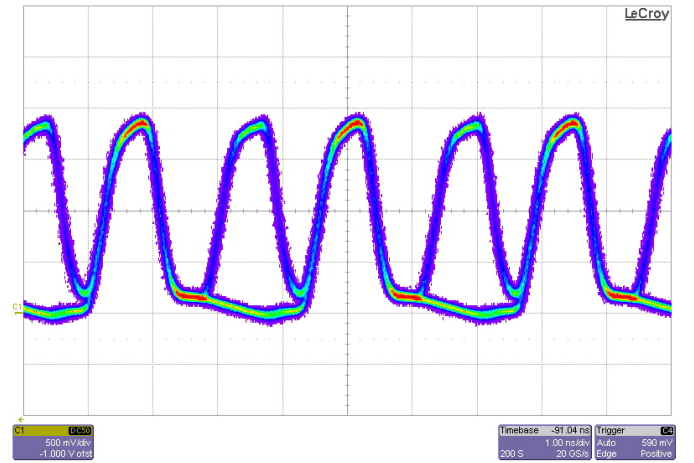


Fig. 18. Captured waveform showing multiple acquisitions of the transmitted signal (i.e. coded pulses).

shown in Fig. 17. This demonstrates the correct operation by observing the matching between the received PRBS (i.e. decoded bitstream) and the transmitted data. This measured results show a latency of less than 12 ns, between the transmitted and the recovered bitstreams. This is due to the execution of the clock recovery and data decoding processes.

To assess the quality of the transmitted signal (i.e. coded pulses), multiple acquisitions are captured in the waveform shown in Fig. 18. The measured amplitude variation and jitter in phase are lower than 150 mV and 150 ps, respectively.

To assess the quality of the received signal (i.e. recovered bitstream), an eye diagram is captured shown in Fig. 19. The measured amplitude variation and jitter in phase are lower than 150 mV and 200 ps, respectively.

C. Electromagnetic compliance

It is important to note that although the proposed system uses pulse-based encoding, this is different to impulse radio (IR) UWB modulation, nor is this transmitted using an UWB antenna. However, due to the steep pulse transitions the internal signals comply with standard UWB specifications since the

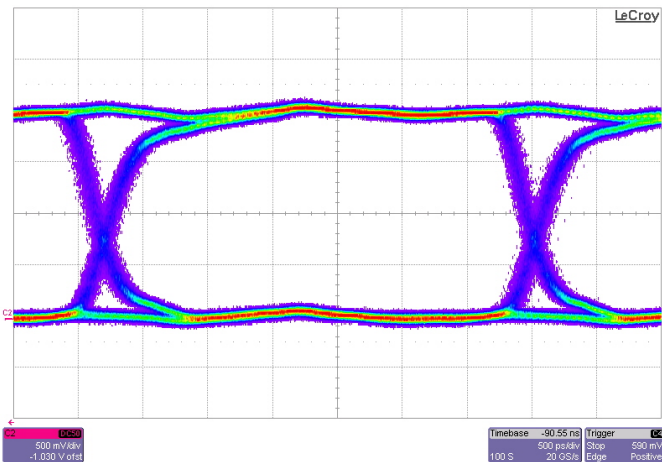


Fig. 19. Eye-diagram of the received signal (i.e. recovered bitstream).

laser pulses have a duration of under 1 ns and a transition time of less than half the pulse width. Therefore, any energy that is potentially emitted into the electromagnetic spectrum needs to comply with the relevant regulations. The power spectrum of the transmitted signal is given in Fig. 20. This shows both the electrical (output of laser driver) and optical (emitted by VCSEL) power spectral densities in subfigures (a) and (b) respectively. These show that the emitted energy fulfills the Federal Communications Commission (FCC) standard mask on the power spectrum of modulated/pulsed signals (i.e., the signal power emission limits for communication systems) [53]. Specifically, the results show a 1 GHz bandwidth primary lobe (higher than 500 MHz, the lower limit for the classification of a UWB device as defined by the FCC), corresponding to the inverse of the laser pulse duration, and this validates the theoretical expectations. In addition, the optical power spectral density is always lower than -41.3 dBm/MHz that is the FCC emission limits for the communications in the considered operating frequency and bandwidth (i.e. <0.96 GHz).

D. Overall system performance

Through the experimental measurements, it has been demonstrated that the proposed optical biotelemetry is able to achieve a BER lower than 10^{-10} and overall system power consumption of less than 11 mW. Operating at 300 Mbps, this corresponds to an energy efficiency of 37 pJ/bit. These results have been obtained by optimizing both the laser pulse width – set to 900 ps (via the PLL shown in Fig.8) and pulsed laser drive current – set to 10 mA (via RTRIM1 resistor in Fig. 4 to 10 mA with a null DC laser bias current).

V. CONCLUSION

This paper has reported the design, fabrication and characterization of an optical communication system employing a custom pulsed-based coding technique. The system is able to achieve high data rates with good energy efficiency, targeting biomedical applications such as high bandwidth implantable brain machine interfaces. These applications are extending the number of recording channels and as such are demanding high bandwidth, low power wireless communication. The system has been validated through a series of experimental

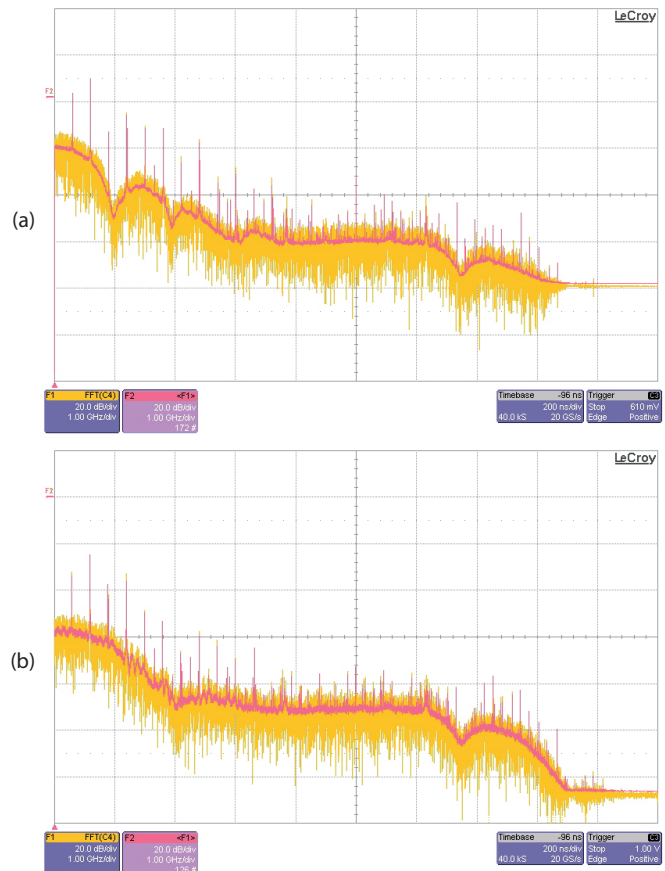


Fig. 20. Measured power spectrum of (a) the transmitted pulse signal; (b) the optical emissions (by VCSEL). The orange traces show the measured signal whereas the purple traces show the average values.

measurements using a tissue sample placed in the optical path. These have demonstrated operation at 300 Mbps with an energy efficiency of 37 pJ/bit and minimum BER of 10^{-10} . Optical characterization has revealed a relatively high sensitivity to misalignment (± 325 μm in XY-plane) and limited proximity between emitter and detector (3.5 mm+ <750 μm in Z-axis). The achieved system performance is compared to the current state-of-the-art in Table I. Ongoing work is focused on technology integration, implementing detector (photodiode), front-end circuits (laser driver, photodiode conditioning), and signal processing in a monolithic integrated circuit. This will significantly reduce both size and power consumption. The inclusion of optics (e.g. lens) can act to improve misalignment sensitivity and/or improve received SNR.

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TABLE I
COMPARISON WITH THE STATE-OF-THE-ART

Reference	Year	Bitrate [Mbps]	Energy Efficiency [pJ/bit]	BER	Implementation	Telemetry	Range [mm]	Coding
[20]	2004	80	563	$<10^{-14}$	Discrete	Optical	5	NRZ
[32]	2007	40	108	$<10^{-5}$	Discrete	Optical	3	NRZ
[19]	2010	136	22	$<10^{-3}$	0.18 μm CMOS	RF	200	OOK
[22]	2011	1	1640	$<10^{-5}$	90 nm CMOS	IR-UWB	1500	S-OOK
[21]	2013	135	10	N.A.	0.13 μm CMOS	IR-UWB	120	PPM
[34]	2014	100	21	$<10^{-7}$	Integrated Tx Discrete Rx	Optical	2.5	N.A.
[8]	2015	100	32	N.A.	Discrete	Optical	2	N.A.
[18]	2015	67	30	$<10^{-7}$	Integrated Tx Discrete Rx	IR-UWB	500	OOK
[30]	2016	128	36	$<10^{-9}$	Discrete	Optical	4	Custom OOK
[31]	2017	250	24	$<10^{-9}$	Discrete	Optical	3	Custom OOK
[23]	2017	11	370 (Tx only)	N.A.	0.13 μm CMOS	RF	N.A.	QPSK
[24]	2018	0.106 (U/L) 0.211 (D/L)	140 1027	$<10^{-4}$ $<10^{-5}$	0.18 μm CMOS	Inductive	10	LSK BPSK
[25]	2019	0.125	50400 (Tx only)	N.A.	Discrete	RFID	50	LSK
This work	2020	300	37	$<10^{-10}$	Discrete	Optical	4.25	Custom OOK

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