Supplementary data

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| Table S1 - Mean peak force exerted on arm rests. Vertical is positive in the superior direction and anterior-posterior (AP) is positive in the anterior direction.  |
| Mean peak force (% body weight ± SD) |
| Resultant force | Vertical component | AP component |
| YA | MA | OA | YA | MA | OA | YA | MA | OA |
| 18.9 (6.1) | 18.7 (7.9) | 22 (5.8) | 18.3 (6.6) | 18(8) | 21.1 (5.3) | -4.4 (2.7) | -5.4 (3.1) | -5.5 (1.9) |