AUTOLOGOUS DERMAL FIBROBLAST INJECTIONS SLOW
ATRIOVENTRICULAR CONDUCTION AND VENTRICULAR RATE IN
ATRIAL FIBRILLATION IN SWINE

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Total word count: 4,603 words (abstract = 250 words)

Running Title: Fibroblasts Slow Ventricular Rate in AF

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Disclosures: This study was supported by a research grants from CardioPolymers, Inc. (formerly Symphony Medical), Inc., and the British Heart Foundation (RG/10/11/28457), but all the contents of the manuscript are solely the responsibility of the authors. The authors acknowledge NIHR Biomedical Research Centre (UK) funding.
Abstract

**Background:** Non-pharmacological ventricular rate control in atrial fibrillation (AF) without producing atrioventricular block (AVB) remains a clinical challenge. We investigated the hypothesis that autologous dermal fibroblast (ADF) injection into the AV nodal area (AVNA) would reduce ventricular response during AF without causing AVB.

**Methods and Results:** Fourteen pigs underwent electrophysiology study before, immediately and 28 days after ~200 million cultured ADFs (n=8) or saline (n=6) were injected under electroanatomical guidance in the AVNA, with continuous 28-day ECG recording. In the ADF group at 28 days post-injection there were prolongations of PR interval (after vs. before: 130±13msec vs. 113±14msec, *P*=0.04), of AH interval during both sinus rhythm (92±13msec vs. 76.8±8msec, *P*<0.01) and atrial pacing at 400ms 102±13msec vs. 91±9msec, *P*<0.01), and of AV node Wenckebach cycle length (230±19mec vs. 213±24msec, *P*<0.01), with no changes in the control group. The RR interval during induced AF 28 days after injections was 24% longer in ADF-treated group compared to controls (488±120msec vs. 386±116msec, *P*<0.001). Histological analysis revealed presence of ADF-labeled cells in the AVNA at 28 days. Transient accelerated junctional rhythm during injections, and transient nocturnal Mobitz I AV conduction occurred early post-injection in both groups.

**Conclusion:** Cells survived for 4 weeks and significantly slowed AV conduction and ventricular rate in acutely induced AF. Critically, despite a large number of injections in the AVNA and marked effects on AV conduction, AVB did not occur. Further studies are necessary to determine the clinical feasibility and safety of this strategy for ventricular rate control in AF.
INTRODUCTION:

Drug treatment to maintain long-term sinus rhythm or achieve ventricular rate control in atrial fibrillation (AF) is limited by lack of efficacy or intolerance of side effects\textsuperscript{1, 2}. Non-pharmacological approaches\textsuperscript{3, 4} such as pulmonary vein isolation are effective but this is not practicable or appropriate for all patients. Several randomized controlled clinical trials\textsuperscript{5-7} have shown that ventricular rate control in patients with atrial fibrillation can be an effective therapeutic approach, with outcomes in some patient groups that are comparable to strategies for maintenance of sinus rhythm. Rate control in AF therefore remains an appropriate and common palliative strategy, and for symptomatic patients when all pharmacological and other non-pharmacological approaches have failed, AV node ablation is a well-established and widely practiced technique\textsuperscript{8}, achieving control of symptoms in the majority of patients, but requires permanent pacemaker implantation. Previously, various strategic approaches to attempt AV node modification to control rather than abolish AV conduction have all been shown to have prohibitive risk of complete AV block,\textsuperscript{9, 10} and are therefore rarely attempted in current clinical practice.

Among the advances in the area of cell therapy\textsuperscript{11-14}, multiple cell types have been used for myocardial repair and regeneration\textsuperscript{15-18} including restoration of conduction in experimental models\textsuperscript{19, 20}. Cellular therapies have the potential to either enhance or block electrical conduction of the heart,\textsuperscript{21, 22} and although dermal fibroblasts injected in the atroventricular node area have been shown to modify conduction velocity,\textsuperscript{21} the clinical therapeutic goal in AF is not that of slowing AV nodal conduction, but of controlling ventricular response rate. The aim of this study was to address the hypothesis that injections of adult autologous dermal fibroblasts (ADF) in the AV node area would
inhibit AV node conduction, resulting in control of ventricular response during AF without inducing complete AV block or evidence of fibrotic changes in the lung.

METHODS:

Animal Preparation:

The protocol was consistent with federal guidelines for the care and use of laboratory animals and was approved by the Institutional Animal Care and Use Committee of the Saint Joseph’s Translational Research Institute. Fourteen juvenile farm pigs weighing 48.7±10.1 Kg were enrolled into the study. Anesthesia was induced by an intramuscular injection of a combination of 2 to 4mg/Kg of telazol, 4mg/Kg of ketamine and 2mg/Kg of xylazine, followed by intubation and general anesthesia induced and maintained using inhalant isoflurane (~1.5-2.5% in O₂).

Autologous Dermal Fibroblast Preparation

The groin regions were shaved, scrubbed and draped. A 6 x 2 cm sample of skin was harvested. The tissue was minced and digested in 0.25% Trypsin-EDTA for 1h at 37°C. Dulbecco’s modified eagles medium (DMEM) containing 15% fetal bovine serum (FBS) was added then digest was filtered through 100μm strainer. Cells were washed twice with phosphate buffered saline (PBS) and the final cell pellet was re-suspended in DMEM with 10% FBS with Penicillin/Streptomycin (1%) and placed in culture at 37°C with 5% CO₂. Fibroblasts were grown to 80% confluence then passaged (22). Passage 2-4 was used for cell injections. Prior to injection, fibroblasts were labeled with CM–DiI 2μl/ml (Invitrogen, Carlsbad, CA). Cell number and viability was determined using the Trypan blue dye exclusion method before injection.
Electrophysiologic Study:

Standard quadripolar EP catheters (Cordis, 6F) were inserted through the right and/or left femoral veins and advanced to the right atrial (RA), right ventricular apex (RVA), coronary sinus and His bundle positions under fluoroscopic guidance. The electrodes were connected to an EP-3 WorkMate® system (EP MedSystems, Inc., Mount Arlington, NJ, U.S.A.), and standard electrophysiological study with programmed stimulation was performed to determine PR, AH and HV intervals, AV node Wenckebach and RR intervals during AF induced by rapid RA pacing. PR interval was determined as the time interval between the P wave onset and QRS onset on the surface ECG. AH interval was determined as the time interval between the initial atrial deflection to the initial H deflection recorded in the His bundle electrogram, and was measured during sinus rhythm and atrial pacing at 400, 500, and 600msec drive cycle length by using 2.0msec square pulses at twice diastolic pacing threshold. HV interval was determined as the time interval between the initial H deflection recorded in the His bundle electrogram and the earliest deflection of the QRS complex on the surface ECG. The AV node Wenckebach cycle length was determined by decremental pacing from RA (progressive reduction of pacing cycle length, translating into faster pacing rates) at twice the diastolic pacing threshold until anterograde type I second-degree AV block (Wenckebach) occurred. The above EP measurements were performed before injections, immediately after injections and at post injection time point of 28 days. AF was induced at follow-up (28 days) by RA pacing at a cycle length of 100msec at 2.0msec square pulses and current 10.0mA, and sustained for a variable period after cessation of pacing, during which ten consecutive RR intervals during AF were used to calculate ventricular rate.
Autologous Dermal Fibroblast Injections:

Eight pigs received cell injections and six pigs received saline solution as a control.

An RA geometry was made with a 4mm tip electroanatomical mapping catheter (Biosense Webster, Diamond Bar, CA, U.S.A.) with a filling threshold of 15mm, marking the positions of the His bundle and the ostium of coronary sinus (CARTO™ 4.0 system, Biosense, Diamond Bar, CA, U.S.A.). A Myostar catheter (Biosense Webster, Diamond Bar, CA, U.S.A.) - a deflectable CARTO-compatible injection catheter, was then used for marking the locations of the multiple injections on the RA geometry. The Myostar catheter has an adjustable needle depth. Preliminary bench testing had determined the ideal cell concentration to maximize viability and the optimal volume of each injection that could be retained in an ex-vivo myocardial preparation. Based on these preliminary studies (data not shown), the yield from the fibroblast cell cultures was diluted to a volume of 50ml for an injection volume of 0.8ml delivered by indeflator pressurized to 20 atm, resulting in ~60 injections per case. The Myostar is deflectable and designed to provide support for needle penetration on deployment, and preliminary in vivo studies using radiopaque contrast in the injectate confirmed tissue penetration and contrast retention, and 2mm as being an optimal needle-depth setting for the purposes of injection in the region of the triangle of Koch in this study (data not shown).

Guided by the RA geometry, multiple 0.8ml injections of a total of 50ml of ADF or saline were delivered along the slow and fast pathway regions around the AV node. Although initial injections focused on the inputs to AV node, the large number of injections extended to the region of confluence of slow and fast pathways, and therefore the region of the compact AV node, which was not deliberately avoided. In each
position, the needle was deployed and the interval between each indeflator injection was approximately 60 seconds. The sites of injections were tagged on the CARTO map (Figure 1). After injections, a trans-thoracic echocardiogram (Acuson, Siemens, Mountain view, CA, U.S.A.) was performed to exclude complications and evaluate atrial and ventricular form and function.

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Transmitter Implant and ECG Monitoring:

After completing injections and EP evaluation, animals underwent implantation of a telemetry transmitter (TA10CTA-D70, DSI Systems™, Data Sciences International Inc, St. Paul, MN, U.S.A.) in the subcutaneous space of the abdomen for continuous telemetry ECG monitoring and recording over the ensuing 4 weeks. On full disclosure and
examination of all ECG recording, the PR interval at its longest and any changes indicative of AV block or other cardiac arrhythmia during each period of 24 hours were reported.

**Restudy and Histology:**

At 28 days after injections, CARTO mapping and EP studies were repeated. Animals were euthanized; the heart and the lungs were harvested and the injected area corresponding to Koch’s triangle encompassing the AV node region was dissected for histological analysis (Figure 2). Samples were divided into 3 pieces and each piece was further divided into 3 sections where one was fixed in 10% buffered formalin, embedded in paraffin, 5µm sections cut and stained with hematoxylin-eosin for assessment of overall cellularity and Verhoeff-Masson for collagen deposition. The other two sections were processed for frozen sectioning to identify CM-DiI positively labeled ADF. Frozen sections were cut and counterstained with 4’, 6-diamidino-2-phenylindole (DAPI, Sigma, St. Louis, MO) to highlight cell nuclei. Images were acquired using epifluorescence microscopy (Nikon Eclipse E400, Japan).

**Data analysis:**

Data are expressed as mean ± standard deviation. Student’s t-tests were performed in order to compare continuous variables with normal distribution. Paired t-tests were used to compare repeated measurements in the same group. The non-parametric test of Mann-Whitney was used for comparison between those samples without a normal distribution. A probability value of ≤0.05 was considered significant. For multiple repeated-measures comparisons, 2-way ANOVA was used, using significant p value <0.05.
RESULTS:

Cell Culture and Injection

A total of $1.9 \pm 0.6 \times 10^8$ cells were obtained from each culture (Figure 3). The average culture time was $27\pm10$ days. The cell viability after CM-DiI labeling and immediately before injection was $96\pm5\%$.

Injections were performed without apparent adverse effect. The number of injections was comparable between both groups (cell group (n=8): $66\pm20$; control group (n=6): $59\pm17$; $p=0.52$).

Electrophysiologic study:

Brief episodes of junctional rhythm with normal QRS morphology during and immediately following injections were common in both groups, and resolved with return to sinus rhythm in the first few hours post-procedure. For this reason, PR and AH interval measurements could not be consistently or reliably measured immediately after injections. PR and AH intervals in sinus rhythm were comparable between groups at baseline. A summary of measured intervals is shown in Table 1.

During sinus rhythm at 28 days after injection there was significant prolongation of both the PR ($130\pm13$msec vs. $113\pm14$msec, $p=0.04$) and AH ($92\pm13$msec vs. $80\pm7$msec, $p=0.016$) intervals compared to baseline in the ADF-treated group, but not in the control group (Table 1). The mean change in PR and AH intervals (ADF-treated vs control) were $+17$ms vs $+9$ms ($p=0.04$), and $+12$ms vs $+1$ms ($p=0.01$) respectively.
During fixed atrial pacing at 600, 500 and 400 msec at 28 days, AH intervals were significantly increased at all cycle lengths in the ADF group compared to baseline in the ADF-treated group but not in the control group. These findings translated into significant differences in AH interval between ADF-treated and control groups at all paced cycle lengths (Table 2).

The ANOVA analysis showed that there were no significant variations in the measured HV interval at baseline, immediately post injection and at follow-up (Table 1), neither in the cell group (p=0.37), nor in the control group (p=0.47).

The AV node Wenckebach cycle length showed no difference between groups either at baseline (210±32msec in control group, and 213±24msec in cell group, p=0.87), and prolonged significantly at 28 days only in the ADF-treated group compared to baseline (230±19msec vs. 213±24msec, p=0.009).

**Ventricular rate during AF**

At 28 days after injection, the mean RR interval during acutely induced AF was ~100msec longer in the ADF-treated group compared to controls (488±120msec vs. 386±116msec, p<0.001), with no change in the control group.

**Continuous ECG Telemetry**

Real-time ECG monitoring during the 28 days of observation showed PR interval prolongation during the first 5-7 days after injection in both groups, then progressively returning to baseline levels in the control group. The ADF group, however, presented a partial return of PR interval but not back to baseline levels and remained steadily elevated for the ensuing period of observation (see Figure 4). In one animal in ADF-treated group,
two isolated episodes of nocturnal second-degree AV block occurred on the second and third days of observation (Figure 5). Neither late complete AV block nor change in HV intervals occurred in either group.

**Necropsy and Histological Findings:**

No evidence of perforation, thrombosis or pericarditis was noted during macroscopic analysis. Under light microscope, small isolated concentrations of scant mononuclear cells were found in the perinodal myocardium in the ADF-treated group, probably representing mild localized inflammation, (Figure 6) with no evidence of any major inflammatory response. Under epifluorescent microscopy, only in the ADF group, CM-DiI-labeled cells were identified (Figure 7). The presence of CM-DiI at the membrane surface concordant with the DAPI counterstaining in the nuclei confirms cell viability at the time of sacrifice. Extensive examination of the lungs showed no macroscopic or microscopic abnormalities.

**DISCUSSION:**

The findings of this study are that ADFs can be safely injected into the AV nodal region, resulting in slowing of AV nodal conduction and of the ventricular response rate in acutely induced AF in pigs. Importantly, despite a deliberately large number of injections, no animal developed complete AV block in the first 28 days, and only one animal had two brief episodes of transient nocturnal second degree AV block (narrow QRS) during the first two days after injection. No attempt was made to avoid the compact AV node, and that some of the injections will have been directly in to this region was
evident from the acute detectable effects on AV nodal function (prolongation of AH and PR intervals) in the absence of AV block up to 28 days, suggests a margin of safety that is unique among all previous attempted strategies for AV nodal modification and a highly promising proof of concept.

Transient junctional rhythm and prolongation of the PR interval during injections were both observed, but always settled with return to sinus rhythm and normalization of the PR interval within a few hours after completion of the injections. The frequency, timing and consistency of these transient changes in rhythm in both groups would implicate mechanical trauma of the injection procedure and not the later biological response to ADF transplantation.

While the initial changes can be explained by a simple mechanical effect, the late changes seen only in the ADF group - the prolongation of the AH interval, the Wenckebach cycle length and, most importantly with respect to potential clinical applicability, prolongation of the mean R-R interval in acutely induced AF, result from the late biological effect of the injected ADF cells.

Dermal fibroblasts are mesenchymal cells that are readily isolated and cultured in the laboratory and play an important role in tissue engineering and regeneration, including the treatment of burns, chronic venous ulcers and several other clinical applications in dermatology and plastic surgery\textsuperscript{23-27}. Although previous studies have reported the effects of ADF on myocardial conduction, including the AV node and focusing principally on conduction velocity (20-27), no previous studies have addressed the critical safety concern of high-grade AV block excluded by the extended and continuous rhythm
monitoring in the present study. The putative mechanisms for the effect of the transplanted ADFs in retarding AV conduction include collagenous interruption of the myocardial syncytium and cell separation, and myocyte-fibroblast gap-junctional coupling providing an alternative sink for charge transfer between cardiac myocytes\textsuperscript{28}. We have shown previously that injection of autologous dermal fibroblasts in chronic myocardial infarction can potentially lead to stabilization of arrhythmogenic burden in a swine model, preventing development of both induced and spontaneous ventricular arrhythmias\textsuperscript{(29)}. Kizana et al\textsuperscript{29} reported that fibroblasts can be genetically modified to produce excitable cells capable of electrical coupling, with additional potential for treating cardiac conduction defects.

In the present study, histological examination showed that after 4 weeks there was no significant inflammatory or major fibrotic response in either the perinodal myocardium or the lungs, which will have received significant ADF overspill from injections, indicating that despite a different tissue of origin, autologous cells for ventricular rate control in atrial fibrillation remains a realistic proposition requiring further investigation.

**Clinical application**

Clinical trials continue to address the question of rate versus rhythm control in atrial fibrillation, and some studies indicate that in certain populations of patients, a rate control strategy may be preferable. Although the strategy of rhythm control has benefited from ablation and novel anti-arrhythmic drugs, therapeutic options in rate control have remained largely unchanged for decades and expose patients to drugs frequently with
limited efficacy and side effects or the need for permanent ventricular pacing after AV node ablation.

Specifically, attempts at AV nodal modification, such as with selective RF, cryo-, or other destructive ablation with the intent to avoid complete abolition of AV nodal conduction and retain normal ventricular activation sequence, have proven unsuccessful because of an unacceptable incidence of AV block. Although of limited clinical utility as a measure of efficacy, when assessing safety the PR and AH intervals were very important to measure at the time of injection because this study was designed specifically to give a very large number of injections in and around the AVN in an attempt to cause AV block – failure to achieve which, coupled with the early modest changes in AH and PR, is reassuring of a much wider margin of safety of critical importance to this proof of concept compared with previous interventions to modify AVN, including RF and Cryo. Autologous fibroblast injection that can safely be delivered transvenously to slow ventricular rate in AF as an alternative to long term drug treatment, is a compelling treatment strategy of potential high impact requiring further investigation.

Before progressing to clinical use in humans, further studies will be necessary to determine the ideal cell concentration, volume and total number of cells or injections per patient in order to achieve maximum efficacy, without compromising the safety of the procedure.
Limitations

Despite the small numbers of animals, the lasting and beneficial effects on AV conduction indicate a robust treatment effect for the 4 weeks of follow up. Further studies will be required to investigate more long-term effects in progressing towards clinical application and to better clarify the specific mechanism involved in the atroventricular conduction delay induced by ADF. The atrial fibrillation in this study was acutely induced episodes, and may differ from more naturally occurring AF.

The present study did not evaluate the effect of isoproterenol challenge acutely after injections because the expected effects of this intervention on AVN conduction, as proved to be correct, took days to evolve, and procedural testing would not therefore have been informative. In fact, acutely the main question was that of safety (AV block) rather than efficacy, and to have given isoproterenol may potentially have masked this. In follow up, we considered the telemetered ventricular rate monitoring that was performed in this study to be the most informative measure.

Conclusions

Transplantation of ADFs in the AV node area in pigs is feasible, safe and slows ventricular rate in acutely induced AF. Despite a large number of injections, complete AV block did not occur. These results encourage further investigation of a novel strategy for controlling ventricular rate in AF.
Acknowledgment:

The authors acknowledge British Heart Foundation Centre of Research Excellence and Programme Grant RG/10/11/28457, NIHR Biomedical Research Centre, and the great contribution of our colleague Dr. Keith Robinson, sadly deceased.

Conflict of Interest:

Fernando Tondato, MD, PhD: None;

Hong Zeng, MD: None;

Traci Goodchild, PhD: None;

Nicolas Chronos, MD, FACC: None;

Nicholas S. Peters, MD: None

REFERENCES:

heart rhythm association (ehra), a registered branch of the european society of cardiology (esc) and the european cardiac arrhythmia society (ecas); and in collaboration with the american college of cardiology (acc), american heart association (aha), the asia pacific heart rhythm society (aphrs), and the society of thoracic surgeons (sts). Endorsed by the governing bodies of the american college of cardiology foundation, the american heart association, the european cardiac arrhythmia society, the european heart rhythm association, the society of thoracic surgeons, the asia pacific heart rhythm society, and the heart rhythm society. Heart rhythm: the official journal of the Heart Rhythm Society. 2012;9:632-696


20. van Veen TA, de Bakker JM, van der Heyden MA. Mesenchymal stem cells repair conduction block. *Journal of the American College of Cardiology.* 2006;48:219-220; author reply 220
FIGURE LEGENDS:

**Figure 1:** Three-dimensional mapping of right atrium with CARTO 4.0 mapping system. His bundle (orange dot) and CS ostium (pink dot) was marked on the map. Injections were performed along the slow and fast pathways around peri-nodal region (red dots).

**Figure 2:** RA septum visualization during necropsy in one animal. The dotted lines represent the histologic sections – A1, A2 and A3 were submitted to formalin fixation for 24 hours before embedding in paraffin; sections A2, B2 and C2 were frozen after use of fixation and sections A3, B3 and C3 were frozen without fixative. F. Ovalis = fossa ovalis; C.S. ostium = coronary sinus ostium.

**Figure 3:** Pig autologous skin fibroblasts in culture Panel A: Pig ADF culture at 2 days, 100X magnification. Panel B: Pig ADF culture at 28 days, 100X magnification.

**Figure 4:** PR interval on real-time ECG during 28 days of observation period

**Figure 5:** Presence of second degree AV block during real-time ECG monitoring in one animal at 2 days after ADF injections

**Figure 6:** Right atrium histology. A, Site of injection stained with H&E. Arrows show sites of injection (4X); B, Section shown in panel A under 10X magnification; C, Site of injection stained with Masson Verhoeff. Arrows show the clusters of cells and D, shows the same area as panel C under 10X magnification.

**Figure 7:** Identification of ADF labeled with CM-DiI (A) and nuclei counterstaining with DAPI (B) 28 days after injection. The white arrows represent the edge of a site of the exact same field.
Figure 1
Figure 6

Figure 7
Table 1. Basic interval measurements at baseline, post injection and at follow-up, expressed in milliseconds

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*Statistical comparison between 28-day and baseline

**Statistical comparison between baseline, post injection and 28-day follow-up

Table 2. AH interval measurements, expressed in milliseconds; and at pacing cycle length of 400, 500 and 600 ms

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